



## Music Session 1

### BOSNIA & HERZEGOVINA

#### Session Information

**Date:** 08.02.2025.

**Time:** 14:00 – 18:00

**Location:** Tuzla, Bosnia and Herzegovina

**Organising Partner:** Spin / Okret



#### Participants

- Total number of participants: 22
- Participant types (e.g. youth, youth educators, social workers, etc.): Young people, young musicians, music educators, music teachers
- How did you reach those participants: Participants were reached through promotion and ads on social media and through direct contacts that involved previous cooperation of our organization with young musicians and schools in Tuzla region of Bosnia and Herzegovina.

#### Brief description of the session (What did you do?):

The session brought together young people and cultural enthusiasts to explore how music has historically played a vital role in shaping peace movements, challenging oppression, and uniting communities.

The event opened with a brief overview of the MY PEACE project and its mission, followed by an interactive icebreaker called Music Speed Dating.

Participants were tasked with matching countries to their traditional songs or instruments, leading to lively discussions and knowledge exchange. This was followed by a Kahoot quiz, testing the group's awareness of historical moments where music acted as a catalyst for peace, with each answer opening up space for deeper learning.

The core of the event was a workshop titled The Power of Music, where participants worked in smaller groups to explore music's influence across education, politics, the arts, and community life. Real-world examples were shared, including the story of Ladino music and the Sephardic Jewish community's peaceful cultural revival in Sarajevo, and the powerful legacy of the Roma anthem Đelem Đelem. After learning the meaning behind the song, participants formed instrument groups, rehearsed together, and then performed it as one united ensemble.

The day closed with a reflective moment as everyone wrote personal messages for peace as small but powerful reminders of the impact that music and collective action can have.



## Participant Feedback and evaluation of the session

How did participants respond to the session? (What stood out, any comments or quotes?)

Participants responded very positively to session, highlighting the engaging and creative approach as a refreshing way to learn about peacebuilding. Many young people shared that the combination of music, history, and interactive tasks made the session both meaningful and enjoyable. The icebreaker and group activities helped them connect with others and feel more confident sharing their thoughts. Overall, the session successfully created a safe, energizing, and educational space where young people felt heard, included, and creatively engaged.

## Educational Method Used

Briefly describe the method or activity used that worked well and could be useful for other stakeholders to replicate

Session methods were based in general on non-formal education methods and experiential learning. One method that worked particularly well and could be easily replicated by other stakeholders was the “Music Speed Dating” activity. This creative icebreaker combined cultural learning with social interaction where participants received cards, half with country names and half with traditional songs or instruments, and had to find their matching pair. Once matched, they engaged in a short “speed date” to share and exchange information about their assigned country’s musical heritage.

