



Music Session 2

GERMANY

Session Information

Date: 05.04.2025

Time: 15:00 – 20:00

Location: Emmendingen, Germany

Organising Partner: musicLab and

Outside Media & Knowledge



Participants

- Total number of participants: 11
- Participant types (e.g. youth, youth educators, social workers, etc.): Youth, facilitators, project team, musicians
- How did you reach those participants : via youth community outreach, educational networks and local promotion

Brief description of the session (What did you do?):

The session took place in a Emmendingen, Germany and brought together young people who did not know each other beforehand. They worked collaboratively on songwriting and composition with a focus on the topic of peace. Guided through an open and sometimes challenging creative process,

the participants created a meaningful song reflecting their views and emotions on peace and connection. The session included camera documentation, and by the end, the group transformed into a relaxed, creative team.





Participant Feedback and evaluation of the session

How did participants respond to the session? (What stood out, any comments or quotes?)

Participants expressed that it was a valuable and moving experience. One participant highlighted how it helped express hope and positivity, another mentioned feeling empowered by being heard. There was strong appreciation for the atmosphere of collaboration, creativity, and deep conversation. Many noted music's ability to express emotions, process trauma, and connect people beyond language and cultural differences.

Quotes:

- “We created a melody and a text that shows hope and positivity and that you're not alone.”
- “This was the first time I felt like we were really heard.”
- “Music is the first thing I turn to so my mind can become clear.”
- “Frieden (peace) starts inside yourself and in how we treat others.”

Educational Method Used

Briefly describe the method or activity used that worked well and could be useful for other stakeholders to replicate

The method involved collaborative songwriting and musical improvisation in a safe and inclusive space. Participants began with no prior connection, and through guided creative steps, they produced lyrics and melodies with strong emotional and social messages. Facilitators emphasized listening, respect, and emotional safety, helping participants reflect on peace from personal and collective perspectives. This adaptable method encourages expression, empathy, and shared meaning-making ideal for replication in peace education and intercultural youth work.

